## Questionnaires for 3rd graders

## Questions about School and Studying

Circle the best answer.
(1) Did you try hard in this test?

1. Yes 2. No
(2) Did you complete the test until the end?
2. Yes 2. No
(3) Do you like Japanese?
3. I really like it $\quad 2$. I like it 3 . It's ok 4 . I don't like it 5 . I hate it
(4) Do you like math?
4. I really like it 2 . I like it 3 . It's ok 4 . I don't like it 5 . I hate it
(5) Do you like school?
5. I really like it 2 . I like it 3 . It's ok 4. I don't like it 5 . I hate it
(6) Do you like your homeroom teacher?
6. I really like him/her 2 . I like him/her 3 . He/she is ok 4. I don't like him/her
7. I hate him/her
(7) Do you have good friends in your class?
8. I have a lot 2 . I have some 3 . I only have a few 4 . I don't have any 5 . I don't know

## Please Tell Us about Your Health and Life

Please read each question carefully.
Think about how things have been for you over the past week.
Choose the answer that fits you best in each line and circle only one number for each question.
(8) First of all, we would like to know something about your physical health...

| During the past week... | Never | seldom | some- <br> times | often | all the <br> time |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $1 \ldots .$. I felt ill | 1 | 2 | 3 | 4 | 5 |
| $2 . \ldots$ I had a headache or tummy-ache | 1 | 2 | 3 | 4 | 5 |
| $3 . \ldots$ I was tired and worn-out | 1 | 2 | 3 | 4 | 5 |
| $4 . \ldots$ I felt strong and full of energy | 1 | 2 | 3 | 4 | 5 |

(9) ... then something about how you've been feeling in general...

| During the past week... | never | seldom | some- <br> times | often | all the <br> time |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $1 \ldots$. I had fun and laughed a lot | 1 | 2 | 3 | 4 | 5 |
| 2. ... I was bored | 1 | 2 | 3 | 4 | 5 |
| $3 . \ldots$ I felt alone | 1 | 2 | 3 | 4 | 5 |
| $4 . \ldots$ I was scared | 1 | 2 | 3 | 4 | 5 |

(10) ... and how you have been feeling about yourself.

| During the past week... | never | seldom | some- <br> times | often | all the <br> time |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 1. ... I was proud of myself | 1 | 2 | 3 | 4 | 5 |
| $2 . \ldots$ I felt on top of the world | 1 | 2 | 3 | 4 | 5 |
| $3 . \ldots$ I felt pleased with myself | 1 | 2 | 3 | 4 | 5 |
| $4 . \ldots$ I had lots of good ideas | 1 | 2 | 3 | 4 | 5 |

(11) The next questions are about your family...

| During the past week... | never | seldom | some- <br> times | often | all the <br> time |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $1 \ldots .$. I got on well with my parents | 1 | 2 | 3 | 4 | 5 |
| $2 . \ldots$ I felt fine at home | 1 | 2 | 3 | 4 | 5 |
| $3 . \ldots$ We quarreled at home | 1 | 2 | 3 | 4 | 5 |
| $4 . \ldots$ My parents stopped me from <br> doing certain things | 1 | 2 | 3 | 4 | 5 |

(12) $\ldots$ and then about friends.

| During the past week... | never | seldom | some- <br> times | often | all the <br> time |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 1. ... I played with friends | 1 | 2 | 3 | 4 | 5 |
| $2 . \ldots$ Other kids liked me | 1 | 2 | 3 | 4 | 5 |
| $3 . \ldots$ I got along well with my friends | 1 | 2 | 3 | 4 | 5 |
| $4 . \ldots$ I felt different from other children | 1 | 2 | 3 | 4 | 5 |

(13) Last of all, we would like to know something about school.

| During the last week in which I was <br> at school... | never | seldom | some- <br> times | often | all the <br> time |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 1. ... doing my schoolwork was easy | 1 | 2 | 3 | 4 | 5 |
| $2 \ldots .$. I enjoyed my lessons | 1 | 2 | 3 | 4 | 5 |
| 3. ... I worried about my future | 1 | 2 | 3 | 4 | 5 |
| 4. ... I worried about bad marks or <br> Grades | 1 | 2 | 3 | 4 | 5 |

