Japan Child Panel Survey 2018

- This survey form is for by respondents with a child/children of elementary or junior high school age as of February 2018.
- Questions are to be answered by circling or shading the appropriate number.
- Please answer according to the sequence of the questions. Since some questions are to be answered only by certain respondents, please follow directions closely.
- For questions about your child's/children's school and/or class, almost all questions refer to March 2018 in the absence of attention. Other some questions refer to a specific time or term.
- Although some of the questions about you or your child/children may be personal in nature, we would appreciate you answering all questions honestly since the aim of this survey is to collect responses for statistical analyses.
- If you are not sure about the answer to a question regarding your child/children, please seek clarification by asking your family and/or child/children.

The following questionnaire asks about your child that has the birth year, birth month, school grade, and gender written on the sticker on the upper right. In the questions below, the child about which you respond will be referred to as your child.

Q1. What is your (respondent's) family relationship with your child?

1 Father　　2 Mother　　3 Other (specifically:　　)

Q2. (1) When was your child born?

Year [　　] Month [　　] Day [　　]

(2) Are your child's birth year and month, grade, and sex on the sticker on the upper right correct?

Birth year and month	1	Correct	2	Incorrect	
School grade	1	Correct	2	Incorrect	→ If incorrect, (　　) grade
Sex	1	Correct	2	Incorrect	→ If incorrect, (　　)

Q3. Does YOUR CHILD have siblings? (Please answer the following 1 through 4. If they have no siblings, write 0.)

1 Brother [　] 2 Sister [　] 3 Younger brother [　] 4 Younger sister [　]

SQ. Is your child one of twins or triplets?

1 Yes ⟶ (　)th child from (1 Twins 2 Triplets 3 Quadruplets or more)
2 No

Planned by Keio University
Conducted by Central Research Services, Inc.
2018

Q4. How many students are in your child's class **as of this March**?

☐☐ Boys ☐☐ Girls

Q5. How long does it take your child to commute to school one way?

One way: ☐ hours ☐☐ minutes

For your child in elementary

Q6. Which category applies to your child's elementary school **as of this March**?

1 National **2** Public

3 Private **4** Public（Compulsory education school）

Q7. Do you plan for your child to take entrance examinations to enter junior high school?

1 Took or plan to take entrance exams

2 Didn't take and don't plan to take

↓

(Please proceed to Q9)

For your child in junior high

Q8. Which category applies to your child's junior high school **as of this March**?

1 National **2** Public

3 Private **4** Public（Junior affiliated with a high school）

5 Public（Compulsory education school）

Q9. Do you plan for your child to take entrance examinations to enter high school?

1 Took or plan to take entrance exams

2 Didn't take and don't plan to take

↓

(Please proceed to Q10)

[Please answer Q10 if your child is in the 7st or 8th grade as of March 2018 or if your child is in the 9thrd grade as of March 2018 and has not answered the "Japan Child Panel Survey" before.]

[If your child is in the 9th grade and you have answered in the past survey, please proceed to Q12.]

問 10. Which category applies to your child's elementary school?

1 National **2** Public **3** Private **4** Public（Compulsory education school）

SQ Did your child take entrance examinations to enter **junior high school**?

1 Took entrance exams **2** Didn't take

↓

(Please proceed to Q12)

[Q11 is to be answered if your child is in grades 1 thru 3, for 4th grade or higher, please proceed to Q10]

Q11. As of last November, the following question concerns how long your child does different after-school activities on school days (Monday thru Friday) for days in which your child does not attend any supplementary schools, take lessons, or participate in school-related extracurricular activities. Please circle the number that applies.

	Doesn't do	About 30 mins	About 1 hour	About 2 hours	3 or more hours
Watch TV/DVDs alone	1	2	3	4	5
Play video games alone	1	2	3	4	5
Talk/play with friends	1	2	3	4	5
Go to children's community center/Extended Day Program	1	2	3	4	5
Help around the house	1	2	3	4	5
Play a sport	1	2	3	4	5
Read a book for fun	1	2	3	4	5
Use the Internet	1	2	3	4	5
Do homework	1	2	3	4	5

[Q 12 is to be answered by all respondents]

Q12. As of last November, how much do you participate in school events/PTA? (If you yourself do not participate but one parent does, please answer regarding the participating parent.)

1 Participate in almost everything
2 Participate in the minimum amount necessary
3 Don't really participate much

Q13. What level of achievement do you think your child currently has for Japanese, mathematics, and English classes? Please answer the glade as of **this March**. Regarding English, only answer if your child is in junior high school. Only circle one level for each subject.

	Above average	Somewhat above average	Average	Somewhat below average	Below average
Japanese	1	2	3	4	5
Mathematics	1	2	3	4	5
English	1	2	3	4	5

Q14. As of last November, excluding the period leading up to exams, how much time does your child usually spend studying after he/she comes home from school? (Please include time spent in any kind of supplementary school/test preparation school or in private tutoring.)

1 Almost none
2 About 30 minutes
3 About 1 hour
4 About 2 hours
5 About 3 hours
6 About 4 hours
7 5 or more hours
8 I don't know

Q15. As of last November, how many times a week does your child have homework?

1 Every day 2 3-4 times a week 3 1-2 times a week 4 Almost never 5 I don't know

---

Q16. Please answer regarding your child's after-school activities as of last November.

(1) How many times a week does your child go to the Extended Day Progrma or to school-related extracurricular activities? If he/she does not go, circle "× doesn't go."

School-related extracurricular activities	☐	times/week × doesn't go
Extended Day Program (only if your child is in elementary school)	☐	times/week × doesn't go

(2) How much did your child take some kind of lessons or have some kind of non-school related activity on a monthly average last November. Please give the degree of frequency per week, the total amount of time per week, and the total expenses per month in the following fields. In the field in which your child is not involved, please write "0 time, 0 hour, and 0 yen." If your child is not involved in culture lessons at all, please circle "X Doesn't have" at the end.

Artistic/creative (music-related, painting/drawing, ballet, flower arrangement, etc.)	→	☐☐	times/ week	total/ week	☐☐	hours	☐☐☐☐☐☐ yen/ month
Sports (swimming, soccer, gymnastics, etc.)	→	☐☐	times/ week	total/ week	☐☐	hours	☐☐☐☐☐☐ yen/ month
Educational, not including supplementary school/private tutor (abacus lessons, calligraphy lessons, English lessons, etc.)	→	☐☐	times/ week	total/ week	☐☐	hours	☐☐☐☐☐☐ yen/ month
Supplementary school/private tutor	→	☐☐	times/ week	total/ week	☐☐	hours	☐☐☐☐☐☐ yen/ month
(v)Other (Please specify)	→	☐☐	times/ week	total/ week	☐☐	hours	☐☐☐☐☐☐ yen/ month

× Doesn't have

Q17. Does your child have his/her own room? Desk for studying? Cell phone?

Own room	**1** Yes	**2** No (has one, but shares with sibling)	**3** No (does not have one)
Study desk	**1** Yes	**2** No (has one, but shares with sibling)	**3** No (does not have one)
Cell phone	**1** Yes	**2** No (has one, but shares with sibling)	**3** No (does not have one)

Q18. This question is about how much you spent on your child. If you did not spend on your child, please write "0" in each box.

Your child's school fees (on average per month as of last November, including fees for school supplies, school lunches, textbooks, etc.)	☐☐☐☐☐☐	yen/month
Your child's allowance (on average per month as of last November, not including money as a New Year's present)	☐☐☐☐☐☐	yen/month
Other (such as money as a New Year's present, for one year)	☐☐☐☐☐☐	yen/year

Q19. These questions are asking about A-san's food habit. Please ask A-san and answer the questions together.

（1） Does A-san have breakfast daily? Please circle a choice that are applicable.

1 eats breakfast always
2 skips once/week
3 skips 2-3 times/week
4 skips 4-5 times/week
5 rarely eats breakfast

（2） What does A-san eat lunch at school or preschool usually? Please circle those that are applicable.

1 School lunch
2 Rice or bread what brought from home as a side dish of school lunch
3 Packed lunch from home with milk of school lunch
4 Packed lunch from home
5 Bread or packed lunch which bought
6 Others (　　)

（3） How often does A-san eat these foods below in the last one month except school lunch which is provided by school or preschool? Please circle a choice that are applicable. If A-san eats the food below daily, circle a choice from 1 to 3, please.

	3 times per day	Twice per day	Once per day	4-6 times per week	2-3 times per week	Once per week	1-3 times per month	doesn't eat
Rice・Bread・Noodles	1	2	3	4	5	6	7	8
Cup noodles[1)]	1	2	3	4	5	6	7	8
Sweetened buns and sweets[2)]	1	2	3	4	5	6	7	8
Meat・Fish and shellfish・Egg・Soy beans and soy beans products	1	2	3	4	5	6	7	8
Fish and shellfish	1	2	3	4	5	6	7	8
Vegetables・seaweed・mushroom	1	2	3	4	5	6	7	8
Vegetables	1	2	3	4	5	6	7	8
Fruits	1	2	3	4	5	6	7	8
Milk and milk products	1	2	3	4	5	6	7	8
Fast foods[3)]	1	2	3	4	5	6	7	8
Packed foods and dishes from shops or restaurant	1	2	3	4	5	6	7	8

1）: Excluding instant noodles in a package, not a cup.
2）: Sweetened buns and sweets include doughnuts, chocolates, cookies and potato chips.
3）: Hamburgers, fried chicken and rice with cooked beef (Gyu-don).

Q20. when your child threw a tantrum in a store and made a scene because they wanted toys/candy, what did you do? Please circle all items that apply "before your child started elementary school" and "recently."

（1）Before your child started elementary school

1 Explain why what he/she did was wrong
2 Scold harshly
3 Spanking or other corporal punishment
4 Make your child help around the house
5 Ignore them for a little bit
6 Take away TV/video games or other fun things
7 Send your child outside of the house
8 My child rarely threw tantrums
9 Other (specifically:)

（2）Recently

1 Explain why what he/she did was wrong
2 Scold harshly
3 Spanking or other corporal punishment
4 Make your child help around the house
5 Ignore them for a little bit
6 Take away TV/video games or other fun things
7 Send your child outside of the house
8 My child rarely threw tantrums
9 Other (specifically:)

Q21. When your child does well at school or in sports, etc., after trying very hard, what do you do for them? Please circle all items that apply "before your child started elementary school" and "recently."

（1）Before your child started elementary school

1 Verbally praise
2 Pat on the head, give a hug, etc.
3 Give allowance
4 Give special food/presents
5 Increase the amount of time allowed for TV/video games or other fun things
6 Nothing in particular
7 Other (specifically:)

（2）Recently

1 Verbally praise
2 Pat on the head, give a hug, etc.
3 Give allowance
4 Give special food/presents
5 Increase the amount of time allowed for TV/video games or other fun things
6 Nothing in particular
7 Other (specifically:)

Q22. The Japanese Government introduced the "Qualified Educational Fund Giving Trusts (QEFGT)" in April 2013. This is a tax-exemption on the gift tax when grandparents entrust money, up to 15 million yen, to trust banks as educational funds for their grandchildren.

（1） Do you know the QEFGT?

1 Yes

2 No → （Please proceed to Q23）

（2）Are you using the QEFGT from your parents for your children? If you are, please answer when you started it.

1 Yes → Year ☐☐

2 No

3 Don't know

Month ☐☐

Q23 (1) What is the highest degree or level of education that you want your child to achieve? Please choose one from your feelings now and mark the number with a circle.

1 Junior high school	**3** Specialized training college	**5** University	**7** Other (Please specify)
2 Senior high school	**4** Junior college/ Specialized 5-year high school	**6** Graduate school	**8** I don't know

(2) If you chose "4 Junior college/ Specialized 5-year high school", "5 University","6 Graduate school" in the above question, please tell us what kind of college/university you want your child to go to. (Multiple answers possible).

1 Middle-ranking university (adjusted deviation score 50 or above)	**5** Humanities and social sciences	**9** Domestic college/university that A can't attend from home
2 Highly-selective university (adjusted deviation score 60 or above)	**6** Science and engineering	**10** Overseas
3 Public college/university	**7** Medicine, dentistry and pharmacology	**11** It doesn't matter at any college/university
4 Private college/university	**8** College/university that your child can attend from home	**12** I don't know

---

Q24. Please choose the most closely matches your idea and circle the number. Please give your answers on the basis of your own idea.

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
a) Men should work outside and women should look home	1	2	3	4	5
b) Men are better in mathematics than women	1	2	3	4	5
c) Study and knowledge of mathematics will be impo when your child becomes an adult	1	2	3	4	5

Q25. What are your child's current height and weight?

(1) Height [ ][ ][ ] . [ ] cm (2) Weight [ ][ ][ ] . [ ] kg

Q26. For each item, please mark the number for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you are not absolutely certain. Please give your answers on the basis of the child's behavior over the last six months or this school year.

			Not True	Somewhat True	Certainly True
a)	Considerate of other people's feelings	→	1	2	3
b)	Restless, overactive, cannot stay still for long	→	1	2	3
c)	Often complains of headaches, stomach-aches or sickness	→	1	2	3
d)	Shares readily with other children, for example toys, treats, pencils	→	1	2	3
e)	Often loses temper	→	1	2	3
f)	Rather solitary, prefers to play alone	→	1	2	3
g)	Generally well behaved, usually does what adults request	→	1	2	3
h)	Many worries or often seems worried	→	1	2	3
i)	Helpful if someone is hurt, upset or feeling ill	→	1	2	3
j)	Constantly fidgeting or squirming	→	1	2	3
k)	Has at least one good friend	→	1	2	3
l)	Often fights with other children or bullies them	→	1	2	3
m)	Often unhappy, depressed or tearful	→	1	2	3
n)	Generally liked by other children	→	1	2	3
o)	Easily distracted, concentration wanders	→	1	2	3
p)	Nervous or clingy in new situations, easily loses confidence	→	1	2	3
q)	Kind to younger children	→	1	2	3
r)	Often lies or cheats	→	1	2	3
s)	Picked on or bullied by other children	→	1	2	3
t)	Often offers to help others (parents, teachers, other children)	→	1	2	3
u)	Thinks things out before acting	→	1	2	3
v)	Steals from home, school or elsewhere	→	1	2	3
w)	Gets along better with adults than with other children	→	1	2	3
x)	Many fears, easily scared	→	1	2	3
y)	Good attention span, sees work through to the end	→	1	2	3

[Please answer Q27 to Q29 if your child is in the 1st or 2nd grade as of March 2018, or if your child is in the 3rd grade or above and the first time to answer the "Japan Child Panel Survey ."]

[If you answered the following questions about your child in the past survey, this is end of the survey.]

Q27. Which type of facility did your child go to on a daily basis before starting elementary school? Circle all the numbers of all options that are applicable. Also circle the type of facility administration and write when your child went.

1 Nursery

Facility administration **1** Public **2** Private (licensed) **3** Private (not licensed or N/A)

When he/she went entry age [ ][ ] years [ ][ ] months [ ] total years

2 Kindergarten

Facility administration **1** Public **2** Private (licensed) **3** Private (not licensed or N/A)

When he/she went entry age [ ][ ] years [ ][ ] months [ ] total years

3 Government-certified childcare center

Facility administration **1** Public **2** Private

When he/she went entry age [ ][ ] years [ ][ ] months [ ] total years

4 Does not have a place where he/she goes everyday

Q28. Did your child take entrance examinations to enter elementary school?

1 Took entrance exams **2** Didn't take

Q29. What are your child's height, weight and gestational age (expected date of birth) when he/she was born by reference to maternal handbook? If you do not know about that, please circle "× Don't know."

(1) Height [ ][ ] . [ ] cm | **×** Don't know

(2) Weight [ ][ ][ ][ ] g | **×** Don't know

(3) Gestational age

[ ][ ] weeks **×** Don't know

↓

(If you answered "**×** Don't know" in (3), please answer (4))

(4) When was your child's expected date of birth?

month [ ][ ] day [ ][ ] **×** Don't know

Thank you for your cooperation in our survey.

Please put your survey form and that of your child in the return envelope (no postage required) and post it.

* Please put all of your survey forms (for your children in different years in school) in the same envelope and post them together.